

Heart Healthy Selections

Acai Bowl (VEG, HH) 17

Acai, Greek Yogurt, Almond Milk, Sliced Bananas, Berries, Toasted Seeds

Medley of Seasonal Fruit with Bran Muffin (VEG, HH) 23

Selection of Low-fat Yogurt or Cottage Cheese

Organic Steel Cut Oatmeal Steamed Milk, Brown Sugar, Raisins (HH) 9

Overnight Oats (V, HH) 16

Steel Cut Oats, Oat Milk, Organic Peanut Butter, House Made Berry Compote, Vegan Yogurt
Goji Berries, House Made Granola

Selection of Cold Cereals Whole, 2%, Skim, Almond, or Soy Milk 9

Non Fat Greek Yogurt Plain or Vanilla 7

Selection of Colorado Noosa Yogurt 7

Fruit Toppings: Strawberries 8 Fresh Seasonal Berries 10 Banana 4

from The Broadmoor Bakery

Cheese or Fruit Danish 7

Blueberry or Raisin Bran Muffin 7

Buttery Croissant or Cinnamon Roll 7 Gluten-Free Bread, Bagel or Muffin 7

Plain, Cinnamon Raisin, Everything, Honey Wheat or Sesame Bagel 9

Plain or Chive Cream Cheese

White, Wheat, Rye, Cranberry Raisin Walnut, Sourdough

Multi-Grain Toast or English Muffin 5

Side Plates

One Egg Any Style* 4

Two Eggs Any Style* 8

Turkey Bacon 9

Canadian Bacon 9

Applewood Smoked Bacon 9

Pork Sausage Links 8

Chicken Apple Sausage 9

Half Sliced Avocado 6

Home Fried Potatoes 8

Biscuits, Country Sausage Gravy 13

Fresh Fruits & Healthy Juices

Half Pink Grapefruit 7

Seasonal Berries 18

Vitamin C Blast (VEG, GF, V, HH) 12

Orange, Strawberry, Sparkling Water

Mind & Body (VEG, GF, V, HH) 12

Organic Carrot, Beet, Apple, Ginger

Freshly Squeezed Orange or Grapefruit Juice 9

Tomato, Prune, Apple, Cranberry, V-8, Pineapple 8

Lavazza Coffee Drinks

Freshly Brewed Coffee 6

Cappuccino 8

Selection of Hot Tea 6

Espresso Single/Double 6/8

Café Latte 8

Hot Chocolate 8

We strive to take great care to ensure that your meal meets the needs and requirements of your diet. Please alert your server of any allergies.

(GF) Gluten Free, (CN) Contains Nuts, (DF) Dairy Free, (VEG) Vegetarian, (V) Vegan, (HH) Heart Healthy

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

From The Griddle

Broadmoor Hot Thins 19

European Style Crepe Pancakes, Mixed Berry Compote

Brioche French Toast 19

Mixed Berry Compote, Butter, Warm Maple Syrup, Vanilla Sauce

Old Fashioned Buttermilk Pancakes 19

Choice of: Original, Blueberry, Chocolate Chip or Banana Pancakes
Butter, Warm Maple Syrup

Belgian Waffle 19

Mixed Berry Compote, Whipped Cream, Butter, Warm Maple Syrup

Rocky Mountain Classics

Rocky Mountain Breakfast* 26

Two Eggs any Style, Applewood Smoked Bacon, Pork Sausage Links or Chicken Apple Sausage Links
Home Fried Potatoes & Choice of Toast

Denver Omelet 24

(Whole Eggs, Egg Beaters or Egg Whites)

Diced Onions, Peppers, Mushrooms, Honey Cured Ham, Chopped Bacon, Aged Cheddar Cheese
Home Fried Potatoes & Choice of Toast

Smothered Colorado Green Chili Breakfast Burrito 21

Scrambled Eggs, Colorado Spicy Green Chili Sauce, Shredded Cheddar Cheese, Avocado
Home Fried Potatoes

Add Bacon OR Sausage OR Vegan Plant Based Chorizo 23

Smoked Scottish Salmon and Smoked Colorado Trout Platter 23

Cream Cheese, Traditional Accompaniments, Choice of Toasted Bagel

Heart Healthy Classics

Egg White Frittata (GF, HH) 24

Roasted Roma Tomato, Sautéed Spinach, Roasted Asparagus, Avocado
Cotija Cheese, House Made Salsa

Avocado Toast (V, DF, HH) 18

Sliced Avocado on Olive Oil Grilled, Hearth Baked Country French Bread, Garden Tomato & Cucumber
Topped with Toasted Sesame Seeds

Add Two Eggs Any Style (VEG) 26

Simply Eggs

Eggs Benedict 26

Farm Eggs, Canadian Bacon, Hollandaise on Toasted English Muffin
Roasted Asparagus, Home Fried Potatoes

Farm Egg Benedict Florentine 24

Farm Eggs, Sautéed Spinach, Sauce Choron on Sourdough
Oven Roasted Roma Tomato, Glazed Asparagus

Farm Fresh Omelet 24

(Whole Eggs, Egg Beaters or Egg Whites)

Choice of: Smoked Ham, Applewood Smoked Bacon, Sausage
Mushrooms, Asparagus, Bell Peppers, Tomatoes, Spinach, Scallions
Green Chilies, Cheddar Cheese, Swiss Cheese, Pepper Jack Cheese
Home Fried Potatoes & Choice of Toast

A 20% Service Charge has been added to your check

Cell Phone calls within the Dining Room are not permitted. As a courtesy to fellow Patrons, please step outside.